



**Tamehr
Sesame
Products
Catalogue**

**کاتالوگ
محصولات
کنجدی
تامهر**

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Tamehr sesame products



Tahini Halva



Prime Tahini



**Chocolate
Tahini**



Tahini oil



Sugar Halva



Prime Tahini halva (250, 500, 800 grams)

Prime Tahini Halva is one of the ancient, delectable dishes whose traditional transfer into industrial manufacturing has led to its preservation and permanency in the Iranian diet. A commendable endeavor that has enhanced the breakfasts of several Iranian families. The protein in Ardeh Halvah is rich in vitamins D, E, and B, and it also includes unsaturated fatty acids such as omega 6, which aid in the absorption of iron, calcium, and zinc. This whole food is beneficial for strengthening the body and suppressing hunger. It contains flour, sugar, eggs, extract of Chubak, and fragrant spices.

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العربية

English

فارسی



Prime Tahini (500, 750 grams)

Prime Tahini is a liquid made from roasted and ground soft, peeled sesame, from which the oil has not been extracted. sesame paste is a comprehensive, tasty, and energizing dish for all meals, particularly morning. It contains no chemical nor non-chemical additions; hence, it is 100 % natural and a high source of protein, zinc, calcium, and iron. Sesame is the single and primary ingredient. This dish can be used as an appetite suppressant for those who wish to reduce weight. Warm in temperament, sesame flour is quite good for boosting the mood of cold temperament individuals. One of the benefits of sesame seeds is improved bone and tooth health.

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العربيہ

English

فارسی



Chocolate Tahini (300 grams)

Chocolate Sesame Paste is tastier than the famed Nutella spread. Due to its high protein, iron, and calcium content, this item is considered a complete meal. It is a product with a composition of more than fifty percent pure flour from sesame seeds, chocolate powder, and nutritious almonds, which may compensate for a decrease in blood sugar on special occasions, such as relaxing after a strenuous workout, or even on a regular basis if consumed for breakfast. This hazelnut-flavored product is part of Tamher's collection of sesame products.

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العربية

English

فارسی



Prime Tahini oil (850 grams)

Oil is one of the most significant components of our nutrition pyramid, occupying a set and distinct position. The usage of oil is a double-edged blade that cannot be totally eliminated, nor can the negative effects of consuming this foodstuff be disregarded. Due to the roasting of sesame at a high temperature, all of sesame's qualities are retained in sesame seed oil and transmitted to the seed and its oil. This oil, like sesame seeds, has a warm temperament and is highly recommended for treating cold temperament and related illnesses. This precious nutrition is also utilized in traditional medicine to enhance sexual prowess and fortify the body. This oil is a good source of vitamin E, vitamin B, magnesium, phosphorus, and calcium.

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العربية

English

فارسی



Prime sugar halva (400, 800 grams)

Sugar Halva is a particularly healthy and nutrient-dense dish for children's breakfast in Iran. It contains several vitamins, including vitamin B, vitamin E, vitamin D, as well as protein and polyunsaturated fatty acids. Because of the vitamins it provides, tahini halva has joined the ranks of rich and healthy breakfast dishes for children and other individuals. Due to its high caloric content, it is ideal for building the body and providing the calories required for everyday activities for both children and adults. The tahini halva will be an excellent supply of omega 3, omega 6, and omega 9 fatty acids. Due to the fact that this food is digested gradually, it might make a person feel full for a longer period of time.

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العربية

English

فارسی